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Fakulteta za zdravstvo
Jesenice

Faculty of Health Care
Jesenice

An introduction for
international students
and teachers at the Faculty
of Health Care Jesenice



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We started the journey to where we are today in 2006. We were established because

of the response to a severe lack of registered nurses in the region and in Slovenia. The Faculty of Health Care Jesenice (FHCJ) was founded by the Jesenice Municipality in order to offer a first cycle professional higher education study program Nursing (Diploma/3yrs). At the same time, health care institutions in the region expressed a willingness to become clinical bases for students and cooperate with the faculty. In September 2006, the College became accredited with the Council for Higher Education of the Republic of Slovenia and obtained concession for full-time studies in December of the same year. A year later, with the enrollment of 70 full-time and 60 part-time students, the College began implementing the first cycle professional higher education study program Nursing Diploma/3yrs). At the time, this was the first accredited study program for Nursing in Slovenia to be in accordance with the European Directive and the Bologna Declaration. The second cycle study program Nursing (Master's Degree/2 yrs) was first offered in the year 2009/2010, in year 2015/2016 was for the first time offered second cycle study

College of Nursing Jesenice has been upgraded to Faculty of Health Care Jesenice (FHCJ) in April 2014. FHCJ is a member of the Slovenian Research Agency with its own research group 'Health Care and Nursing'. As such, FHCJ is eligible to conduct research and development projects with that agency. FHCJ is well known for its research, development, international cooperation and educational activities

through the Centre for Life-Long Learning, Career Counselling, Tutoring and Mentoring (Centre). In the period 2007–2015, Centre organized 77 events, 27 of those were international (e.g. international scientific conferences, international research schools, symposiums, conferences, workshops). FHCJ has its own research group (code 2672) and participates in scientific research work in Slovenia and the EU (see: <http://www.fzj.si/en/mainmenu-2/research-and-development/international-research-and-development-projects/>). Known for its innovativeness, FHCJ has

been very successful in obtaining funding for development projects from the European Social Fund and has close ties with the local communities of the Gorenjska region and Central Slovenia region. Faculty has 20 Erasmus+ inter-institutional agreements and several bilateral agreements in the EU and the USA – where it successfully participates in international development and research projects. In the period 2007–2015, FHCJ has participated in 37 research and development projects and is jointly developing international doctoral studies in healthcare science.

FHCJ is participating in Erasmus Lifelong Learning Program and Erasmus+ Program and is also responsible for the implementation of projects financed by the Ministry of Health of Slovenia, the Ministry of Higher Education, Science and Technology of Slovenia, and the European Social Fund. The aim of these projects is to promote health in the society and establish active collaboration with the clinical environment through trainings for clinical mentors and joint research and development activities. The FHCJ has been awarded with the Erasmus+ University Charter and has



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inter-institutional Erasmus+ agreements with education institutions from the EU and non-EU countries. Together, we have developed exchange programs for lecturers and students and joint research and development programs. At FHCJ, we pride ourselves on being included in relevant Slovenian and international institutions and bodies. FHCJ is included in various international associations such as: The Honor Society of Nursing, Sigma Theta Tau International FINE Europe, European Federation of Nurse Educators ASPHER, The Association of Schools of Public Health in the European Region EMUNI University C.U.A.M., University Consortium of the Africa and the Mediterranean, Sania-cademia. In 2012, FHCJ obtained the standards ISO 9001 and Quality in Education Certificate. Faculty successfully obtained re-accreditation for 1st cycle program and got international accreditation by The Accreditation Agency for Study Programs in Health and Social

Sciences (AHPGS), listed in the European Quality Assurance Register (EQAR). In March 2015, FHCJ received EFQM Excellence Award for year 2014. We have been calling attention to the growing number of nursing students in connection with the quality of education provided, and have critically considered the desired development of nursing in Slovenia, including placing a focus on knowledge, research, and development work. When faced with issues and challenges, we take concrete action and rely heavily on scientific and research approaches. Employees of FHCJ are willing to discuss problems, to argument their points of view and propose possible ways of solving them, thereby becoming part of the solution. Our vision is to become the lead higher education institution in education, research and international cooperation in the field of nursing, health promotion, management and quality in health care in Slovenia. Our mission is to create and

spread knowledge for quality, safe and effective treatment in health care. Our fundamental values are partnership, knowledge and development. By enrolling in the Faculty of Health Care Jesenice, you will become part of a professional higher education institution oriented towards knowledge, creativity, and the pursuit of excellence in Slovenia and in Europe. You will be proud of your knowledge and skills. Our mission is to create, transfer and broaden the required knowledge and skills for ensuring high-quality, safe, and efficient health care provision. The Faculty of Health Care stands for partnership, knowledge, development, innovation, research, quality and practice.

Dr Brigita Skela Savič,
Associate Professor
DEAN



WHERE IS THIS PLACE WHERE OUR JOURNEY HAS STARTED?

"Let your mind start a journey through a strange new world. Leave all thoughts of the world you knew before. Let your soul take you where you long to be... Close your eyes let your spirit start to soar, and you'll live as you've never lived before."

(Erich Fromm)



Slovenia

Faculty of Health Care Jesenice is located in the north-west part of Slovenia, a small but charming Central European country. Stretching from the eastern Alps to the northern part of the Adriatic Sea, Slovenia borders Austria to the north, Italy to the southwest, Hungary to the northeast and Croatia to the south, covering an area of 20,273 square kilometres and having just over 2 million inhabitants. The official language spoken in Slovenia is Slovene, but many people speak English and other foreign languages fluently. The capital city is Ljubljana, famous for its modern feel and its quaint old part of the town. The symbol of Ljubljana is a dragon. You can find (green) dragons sitted on the so-called Dragon Bridge, keeping an eye on the Ljubljanica River flowing underneath. In the past, the territory of what is now Slovenia formed part of the Roman Empire and later the Habsburg Monarchy. A look at

Jesenice

The town Jesenice where Faculty of Health Care lies in the Upper Carniola region, in the Upper Sava Valley. It is surrounded by the Karavanke mountain range to the north and by mount Mežakla to the south. Across the Karavanke lies the Austrian town of Villach (Slovene: *Beljak*). The town name Jesenice is derived from the ash tree (Slovene: *jêsen*) which once grew in abundance in the area.

The history of Jesenice is tightly knit with that of its ironworks and metallurgical industries, which have, until recently, been the driving force of the town's development in virtually all areas. Just 5 km north of Jesenice, on the top of the hill named Planina pod Golico, is a site to which many flock in the spring to see countless wild daffodils covering the hill, especially in May when the flowers are blooming. That is why Jesenice is sometimes called a town of "iron and daffodils".

The official language spoken in Slovenia is Slovene, but many people speak English and other foreign languages fluently.



BE AT THE HEART OF HUMANITY & CARING ... OUR STUDY PROGRAMS

"I can help because
I know how to."

(FHCJ's former
student Grega Arnež)

At the moment, our Faculty is offering three study programs: first cycle professional higher education study program Nursing (Diploma/3yrs), and second cycle (Master's Degree/2 yrs) study programs Nursing and Health promotion. The second cycle (Master's Degree/2 yrs) study program Health Care Management and upgrade programs Psychiatric nursing and Infections connected to health care are in the process of development.

All the study programs are designed to satisfy the health care needs of the population and the organizational needs for health care system, while at the same time being a promising start to your professional career. Our experts, university lecturers, and researchers will assist you during the course of your studies and beyond, and support you in meeting your professional goals. Our lecturers and their colleagues are constantly updating the theory and practice being taught in line with the established professional doctrines and guidelines. Study programs are also comparable with similar programs abroad. During the academic year, colleagues from abroad join Slovenian lecturers, especially in the second cycle study programs Nursing and Health promotion.

We work in close cooperation with our region—first cycle nursing studies could not be implemented without

the cooperation of various clinical bases in the Gorenjska region and elsewhere, giving students the chance to combine theory with practice. We are very aware of the fact that having knowledge means also having the power.

The first cycle professional higher education study program Nursing (Diploma/3yrs) is being carried out at the FHCJ in the center of Jesenice.

The address is **Spodnji Plavž 3**, and it is located in the immediate vicinity of the Jesenice General Hospital. The school is modernly equipped and provides students with everything they need for studying nursing. The library is well stocked with specialist literature and also journals, recognized interna-

tional publications and other sources students require for their studies.

The second cycle (master's degree/2 yrs) study programs Nursing and Health promotion are being conducted at the FHCJ and at the Study Center Ljubljana, **Letališka Street 16, Ljubljana**.

The school is modernly equipped and provides students with everything they need for studying nursing.



FIRST CYCLE PROFESSIONAL HIGHER EDUCATION STUDY PROGRAM NURSING

STUDY PROGRAM



First cycle professional higher education study program Nursing is a program designed to train the basic profile of nursing professionals. The program is comparable with other similar programs abroad. It is in conformity with the EU Directive for regulated professions - Directive 2005/36/EC and its completion in year 2013, with the Bologna reform and with recommendations of international bodies and associations in the context of education in nursing. It is original because it not only allows the students to select among a range of subjects, but also addresses topical health issues and health care as a system.

During the three years of the study program, students receive 4,600 hours of theoretical and practical training. Now that the Bologna reform has taken effect, the entire program consists of 5,400 hours, which includes individual student work. The student workload includes lectures, seminars, clinical exercises, clinical practice, and individual student work. Clinical practice represents half of the program prescribed by the EU directive (2300 hours), and is conducted in the immediate clinical environment—by the bedside. During the practice, students are supervised both by clinical

mentors at the site of the practice, and by university lecturers and university technical assistants, who are also the coordinators of clinical practice. The study program is divided into the following modules:

- Care Module,
- Basic Sciences Module, and
- Social Sciences Module.

During the course of the study, students earn a total of 180 ECTS (European Credit Transfer System), out of which 10 ECTS are awarded for the diploma thesis.

ELECTIVE SUBJECTS

In the first and third years of professional higher education study program Nursing (first cycle), students can select some of the subjects.

In the first year of studies, students can select one subject (3 ECTS) in the Foreign Language Module.

In the third year they can select three subjects among the following: Leadership in Nursing Care, Communication in Supervised Health and Nursing Teams, Informatics in Nursing Care, Nursing and Prevention of Hospital-Acquired Infections, Evidence-Based Nursing Care, Palliative Care, Alternative Nutrition, Public Health Aspects of Nutrition, Managing

Medicinal Products in Nursing, Anesthesiology and Resuscitation, Ethics and Religion in Postmodern Society: Patient's Personal Beliefs in the Nursing Care Process, Social perspective of service users and the promotion of mental health in the nursing care, Basic economics in health care.

Students will select three subjects (9 ECTS) and write a diploma thesis (10 ECTS).



Bologna cycle:
First cycle study program

Program duration:
3 years (180 ECTS)

Types of study:
Full-time and part-time

Title awarded:
Registered Nurse (RN)



First Year Curriculum

SUBJECTS:	L	S	CE	CP	ECTS	ISW
Nursing Care I	100	30	70	390	21	100
• Nursing Care I	70	30	70	390		
• Communication in Health and Nursing Teams	15					
• Hospital Hygiene and Infection Prevention	15					
Ethics and Philosophy in Nursing Care with Health Care Legislation	50	15			4	35
Teaching Strategies for Health Education and Health Promotion	30	15			3	35
Introduction to Research and Informatics in Nursing Care	50	10	15		5	75
Anatomy, Physiology, Pathology	75		10		5	75
• Anatomy	25					
• Physiology	25					
• Pathology	25					
Biochemistry and Biophysics	35		10		3	45
Diagnostic-Therapeutic Program	65			65	7	80
• Diagnostic-Therapeutic Program	30					
• Pharmacology	25					
• Transfusion Medicine	10					
Nutrition and Medical Dietetics	30	15			3	35
Public Health I	30	10			3	40
Psychology	30	15			3	35
Foreign Languages (Elective Subjects): English/German Language	30	15			3	35
Total Number of Hours: 1800 hours	525	125	105	455	60	590

L – Lectures, S – Seminar, CE – Clinical Exercises, CP – Clinical Practice, ECTS – European Credit Transfer and Accumulation System, ISW – Individual Student Work

»The fact that the Faculty of Health Care Jesenice is located at the foot of high towering Alps, in a remote part of Slovenia about an hour's drive from the capital city (but still conveniently located near other big cities across the border), becomes unimportant against everything else the FHCJ has to offer. As soon as you step through the door, you find yourself surrounded by energetic, kind people who are there to teach you everything they know about nursing. I have never regretted stepping through that door, and like studying at FHCJ very much.«

Darja Potočnik (FHCJ's student)



STUDIES

In the first year, the study program consists of three basic modules: Nursing Care, Basic Sciences and Social Sciences. The Nursing Care module provides the necessary knowledge and skills in nursing, communication, ethics, health promotion and research.

The Basic Sciences module includes such subjects as anatomy, pathology and physiology, biochemistry and biophysics, diagnostic-therapeutic program, nutrition and medical dietetics, and public health. Finally, the Social Sciences module ensures that your knowledge is well-rounded with such subjects as psychology and an elective foreign language.

Second Year Curriculum

SUBJECTS:	L	S	CE	CP	ECTS	ISW
Optional Clinical Training in Nursing Care Areas of the 1st and 2nd Years				270	9	
Nursing Care of Internistic Patients with Internal Medicine	90			180	10	30
• Nursing Care of Internistic Patients	30					
• Internal Medicine	30					
• Neurology	10					
• Infectious Diseases	10					
• Dermato-venereology	10					
Surgical Patient Nursing Care with Surgery	90			180	10	30
• Surgical Patient Nursing Care, Nursing Care in Intensive Therapy, Anesthesia and Resuscitation	30					
• Surgery	30					
• Traumatology and Orthopedics	10					
• Optometry	10					
• Otorhinolaryngology	10					
Elderly Nursing Care with Gerontology and Rehabilitation	60			160	8	30
• Elderly Nursing Care	30					
• Gerontology and Rehabilitation	30					
Oncology Patient Nursing Care with Oncology and Palliative Care	30			135	6	30
Urgent Medical Help and Health Care in Special Circumstances	30		15	80	5	30
Public Health II	30		15		3	40
Microbiology with Parasitology	30		15		3	30
Sociology of Health and Disease	30	15			3	40
Organization, Management, and Leadership in Health and Nursing Care	30	15			3	40
Total Number of Hours: 1800 hours	420	30	45	1005	60	300

L – Lectures, **S** – Seminar, **CE** – Clinical Exercises, **CP** – Clinical Practice, **ECTS** – European Credit Transfer and Accumulation System, **ISW** – Individual Student Work

Third Year Curriculum

SUBJECTS:	L	S	CE	CP	ECTS	ISW
Optional Clinical Training in Specialist Nursing Care Areas of the 3rd Year			120	4		
Child and Adolescent Nursing Care with Pediatrics	60		60	180	11	50
• Child and Adolescent Nursing Care	30		60			
• Pediatrics	30					
Women's Health Nursing Care with Gynecology and Obstetric	60			170	8	40
• Women's Health Nursing Care	30					
• Gynecology and Obstetric	30					
Community Nursing Care and Dispensary	40			160	7	35
Nursing Care and Mental Health	60			160	8	40
• Nursing Care and Mental Health	30					
• Psychiatry	30					
Process Methodology of Work-Health and Nursing Care Quality	30	15			3	35
Elective Subjects	90	45			9	
• Leadership in Nursing Care	30	15			3	30
• Communication in Supervised Health and Nursing Teams	30	15			3	30
• Informatics in Nursing Care	30	15			3	30
• Nursing and Prevention of Hospital-Acquired Infections	30	15			3	30
• Evidence-based Nursing Care	30	15			3	30
• Palliative Care	30	15			3	30
• Alternative Nutrition	30	15			3	30
• Public Health Aspects of Nutrition	30	15			3	30
• Managing Medicinal Products in Nursing	30	15			3	30
• Anesthesiology and Resuscitation	30	15			3	30
• Ethics and Religion in Postmodern Society: Patient's Personal beliefs in the Nursing Care Process	30	15			3	30
• Social perspective of service users and the promotion of mental health in the nursing care	30	15			3	30
• Basic economics in health care	30	15			3	30
Diploma thesis		40		50	10	170
Total Number of Hours: 1800 hours	340	100	60	840	60	460
Total Number of Hours of the Nursing Care Program: 5400 hours	1285	255	210	2300	180	1350

L – Lectures, **S** – Seminar, **CE** – Clinical Exercises, **CP** – Clinical Practice, **ECTS** – European Credit Transfer and Accumulation System, **ISW** – Individual Student Work

In the second and third year, you will become acquainted with specific areas of nursing and process work in health care. The knowledge and skills acquired during this time include health care system management and awareness of the role of nursing in the system, teamwork, leadership, change implementation and quality in medicine and nursing. This knowledge will help you understand the processes in which health care system works. The program provides the minimum required elective rate for the elective subjects' module where students select three subjects (9 ECTS). In addition,

the foreign language (3 ECTS) in the first year is elective, as is the diploma thesis in the third year (10 ECTS).

With elective subjects, students get the chance to enhance their existent knowledge from obligatory classes, and by doing so keep in touch with the much-needed development of nursing in Slovenia and the EU. Part of elective contents will consist of your diploma thesis, the result of 40 hours of seminar work, 170 hours of individual work, and 50 hours of clinical practice conducted in the same way as all other clinical practices, but

focusing on the topic of the diploma thesis. The clinical practice from the field of your diploma thesis will broaden your theoretical knowledge and help you set the guidelines for the empirical part of your thesis. Clinical practice will be conducted in clinical bases under the supervision of a university lecturer - your diploma thesis mentor. The goal is to promote clinical research in theses for the selected area of nursing. This approach enables additional electiveness, which means that the total number of elective ECTS credits for the study program is 22 ECTS.

CLINICAL EXERCISES

Clinical exercises will prepare you for clinical practice. They are conducted under simulated conditions in modernly equipped rooms for practical training in nursing. In the first year, clinical exercises are conducted under the subject Nursing Care I, and in the third year under the subject Child and Adolescent Nursing with Pediatrics. The exercises are conducted and monitored by university lecturers and technical assistants. Clinical exercises give students a chance to learn the basic practical skills required to directly conduct bedside nursing care and bedside medical and technical procedures. The group consists of 10 to 14 students to ensure optimum working conditions. Lecturers and technical assistants will encourage you, foster

teamwork, and motivate you for active work. A nursing intervention is staged and conducted on models in front of a group of students. During the intervention, students are advised on how to conduct the procedure correctly and to take into account all the possible factors in treating a patient. At the end of the exercises, students take a test exam consisting of a written and practical part. Once you successfully pass the test exam, you can enroll for clinical practice in a clinical environment. Clinical exercises are also conducted for other subjects, according to the curriculum.

CLINICAL PRACTICE

An important aspect of achieving professional competencies lies in clinical training. At the Faculty of Health Care Jesenice, we call this clinical practice. We take great care in organizing, leading, conducting and assessing clinical practice. We know just how important it is to have a high-quality clinical practice in our clinical bases to assure that our graduates achieve their professional qualifications and competencies. Besides the specified curriculum objectives, clinical practice also offers students a chance to familiarize themselves with the health care system in detail, and to develop their professional identity and professional values. Through

clinical practice, students get to know different areas of nursing and get the first idea of where they would like to work after graduation. At the same time, employees at clinical bases might identify some students as their potential future co-workers.

Clinical practice has to be conducted well, which represents a challenge for all the parties involved - for FHCJ, for you as the students, and for the health care institutions. The percentage of clinical practice in the curriculum is set by the EU Directive, and amounts to at least 50 % of the study program. Attendance in clinical practice is mandatory. In cases of well-justified



Through clinical practice, students get to know different areas of nursing and get the first idea of where they would like to work after graduation. At the same time, employees at clinical bases might identify some students as their potential future co-workers.



Once a student has successfully passed clinical practice, they can enter an exam and on that basis enroll in the next year of study.

reasons of absence, any missed hours must be substituted later. Once a student has successfully passed clinical practice, they can enter an exam and on that basis enroll in the next year of study. Part of the clinical practice in the curriculum is defined as a 40-hour a week workload to be conducted for different areas of nursing in the form of a summer course. The institutions registered as clinical bases of the FHCJ must first acquire the status of an educational institution at the Ministry of Health of Slovenia, according to the adopted rules, so that the Faculty of Health Care Jesenice can organize clinical practice at that institution.

Clinical practice is led and coordinated by habilitated university lecturers and other university teaching professionals. It is also conducted by habilitated experts from clinical bases and clinical mentors who have been additionally trained to become student mentors. The Faculty of Health Care Jesenice has 527 registered clinical mentors in 19 clinical bases. These bases are: Jesenice General Hospital; Health Centre Jesenice; Health Centre Radovljica; Health Centre Bled; Health Centre Škofja Loka; Health Centre Kranj; Health Centre Tržič; Health Centre Ljubljana – Basic emergency first aid infirmary; Training, Occupation and Care Center Radovljica; Psychiatric Hospital Begunje; University Psychiatric Clinic

Ljubljana; University Clinic of Respiratory and Allergic Diseases Golnik; Institute of Oncology Ljubljana; Nursing home Ljubljana Vič-Rudnik; Nursing home Viharnik Kranjska gora; Gynecology and Obstetrics Hospital Kranj; Blood Transfusion Centre of Slovenia; University Medical Center Ljubljana; Institute of Rehabilitation Slovenia.



SECOND CYCLE (MASTER'S DEGREE/2 YRS) STUDY PROGRAM NURSING

WHY OBTAIN A MASTER'S DEGREE IN NURSING?

Nursing is not an isolated profession- it is an integral part of the health care system. In recent years, the health care system has undergone rapid and significant change, and nursing hasn't been left out of the process. Interest in comprehensive health care in Slovenia keeps growing. As people require increasingly complex health care services, various groups of health care professionals and specialists have to combine their knowledge and experience.

We offer a study program that was developed as a response to the modern society's health care needs, where patients have to be treated comprehensively and both the healthy and the ill populations have to be approached in their everyday environment. In the future, the number of individuals receiving institutional health care will decrease, with the focus being shifted to home care and treatment. The hospital treatment will be short and intensive, with the emphasis on educating

All of this makes a master's degree program in nursing a personal opportunity for you.



patients and their families about home care. Nursing professionals will play an important role in achieving comprehensive care, as they will adjust to the needs of the patients, their families, and the society as a whole.

During the course of study, you will expand the skills you have previously acquired, and learn to look for new knowledge sources in the professional and scientific fields. You will also

learn to apply scientific research method in the clinical environment, and to take responsibility for monitoring and improving clinical work.

You will be able to run even the most demanding work systems and processes. Finally, you will develop your capabilities for critical thinking, taking on ethical and social responsibilities, and communication skills needed for managing teamwork and

for education work in health care, mentorship, etc.

The overall aim of the master's program Nursing is to promote, develop and put into practice evidence-based nursing. During the course of the study program, you will develop and enhance your existing knowledge and skills for managing nursing and health care, so as to respond to the complex and ever-changing health

You will be able to run even the most demanding work systems and processes.

care needs of the population. When your studies are completed, you will be competent experts, clinical researchers, change managers, efficient leaders, creative colleagues, coordinators, problem solvers and innovators, always making sure that the nursing and care provided are of the highest quality possible. The second cycle (master's degree/2 yrs) study program Nursing was developed by Slovenian and European experts who specialize

in researching nursing and health care as part of their academic career. We guarantee that the subject matter taught is very relevant and that the program is implemented to meet the highest standards.

STUDY PROGRAM

The second cycle (Master's Degree/ 2 yrs) study program Nursing consists of obligatory and elective subjects, as well as the master's thesis. During the course of the study, students earn 120 ECTS (European Credit Transfer System). Out of the total 120 ECTS, 60 ECTS are earned for obligatory subjects, 40 ECTS for elective subjects, and an additional 20 ECTS are earned for preparing and defending the master's thesis. The ECTS guarantee that the study program is comparable with similar programs abroad. One ECTS represents 25-30 hours of student work.

Elective subjects are to be combined according to the topic of the master's thesis and in accordance with your needs and interests. The study program is structured in a way that allows you to receive the core knowledge of nursing and related

disciplines. All the Slovenian and foreign lecturers have been carefully selected—they are all experts with a range of references from the clinical environment and research. When visiting lecturers from abroad are invited, our lecturers make sure that there are no language barriers when it comes to understanding them.

The future is in knowledge and creativity, the future is up to you.

First Semester

SUBJECTS	NUMBER OF CONTACT HOURS					TYPE	ECTS
	LECTURE	SEMINAR	EXERCISE	ISW*	TOGETHER		
Research and Research Methodology	40	40	20	150	250	Obligatory subject	10
Theory and Practice of Nursing	40	40	20	150	250	Obligatory subject	10
Advanced Application of Ethical Theory in Clinical Nursing Practice	40	40	20	150	250	Obligatory subject	10
Together 1 st semester	120	120	60	450	750	/	30

Second Semester

SUBJECTS	NUMBER OF CONTACT HOURS					TYPE	ECTS
	LECTURE	SEMINAR	EXERCISE	ISW*	TOGETHER		
Evidence Based Practice in Nursing	0	80	20	150	250	Obligatory subject	10
Education and Mentoring Process in Clinical Nursing Practice	40	40	20	150	250	Obligatory subject	10
Management in health care and nursing care	40	40	20	150	250	Obligatory subject	10
Together 2 nd semester	80	160	60	450	750	/	30
TOGETHER 1 st YEAR OF STUDY	200	280	120	900	1500	/	60

* ISW = individual student work

Third and Fourth Semesters (student selects 4 subjects) for 40 ECTS

SUBJECTS	NUMBER OF CONTACT HOURS					TYPE	ECTS
	LECTURE	SEMINAR	EXERCISE	ISW*	TOGETHER		
Oncology Nursing Care with Oncology	40	40	20	150	250	Elective subject	10
Continuous and Integrative Care of Chronic Diseases	40	40	20	150	250	Elective subject	10
Epidemiology and Introduction into Demography	40	40	20	150	250	Elective subject	10
Mental Health	40	40	20	150	250	Elective subject	10
Gerontology Nursing Care with Gerontology	40	40	20	150	250	Elective subject	10
Health Promotion	40	40	20	150	250	Elective subject	10
Human nutrition I	40	40	20	150	250	Elective subject	10
Design of Clinical Microsystems and Continuous Quality and Patient Safety Improvement	40	40	20	150	250	Elective subject	10
Primary Health Care and Community Nursing	40	40	20	150	250	Elective subject	10
Informatics in Health Care and Nursing Care	40	40	20	150	250	Elective subject	10
Leadership in Nursing	40	40	20	150	250	Elective subject	10
Molecular Aspects of Clinical -Pathological Syndromes and Conditions– Selected Themes	40	40	20	150	250	Elective subject	10

SUBJECTS	NUMBER OF CONTACT HOURS					TYPE	ECTS
	LECTURE	SEMINAR	EXERCISE	ISW*	TOGETHER		
Human nutrition II	40	40	20	150	250	Elective subject	10
Clinical Nutrition	40	40	20	150	250	Elective subject	10
Epidemiology and Controlling Hospital-Acquired Infections	40	40	20	150	250	Elective subject	10
Patient Safety	40	40	20	150	250	Elective subject	10
Elective subjects from other faculties in Slovenia or the EU	40	40	20	150	250	Elective subject	10
Health Economics	40	40	20	150	250	Elective subject	10
Health and social inequalities	40	40	20	150	250	Elective subject	10
3 rd and 4 th Semesters total Elective Subjects	160	160	80	600	1000		40
MASTER'S THESIS		40	40	420	500		20
TOGETHER 2 nd YEAR OF STUDY	160	200	120	1020	1500		60
TOTAL NUMBER OF HOURS OF THE PROGRAM	450	750	200	1600	3000		120

* ISW = individual student work

Structure of Master’s Program

SUBJECTS	NUMBER OF SUBJECTS IN MASTER PROGRAM	VALUE OF SUBJECTS IN ECTS	TOGETHER ECTS	% OF SUBJECTS AS FOR ECTS
Obligatory subjects, 1 st semester	3	10	30	25 %
Obligatory subjects, 2 nd semester	3	10	30	25 %
Elective subjects, 3 rd and 4 th semesters	4	10	40	33,33 %
Master’s thesis		20	20	16,67 %
TOTAL MASTER’S PROGRAM	10	/	120	100 %

* Student can choose 4 subjects from 19 elective subjects.

The master's program emphasizes active and continuous study. The focus is on problem-based and individual studies conducted with university lecturers and tutors. The program will give you a chance to acquire the latest knowledge in modern nursing care. We will encourage innovative approaches, creativity, and capability for developing nursing as a scientific discipline. You will be able to relate all the theoretical knowledge and skills you gain through seminars and research assignments with practice. In addition, you will build up good cooperation with other groups of health care professionals, and develop personal, social, and professional competencies.



Bologna cycle:
Second cycle study program

Program duration:
2 years (120 ECTS)

Types of study:
Full-time and part-time

Title awarded:
Master in Nursing

SECOND CYCLE (MASTER’S DEGREE/2 YRS) STUDY PROGRAM HEALTH PROMOTION

WHY OBTAIN A MASTER’S DEGREE IN HEALTH PROMOTION?

“Health promotion or health strengthening is a process that enables individuals and community to enlarge control over health determinants and by this improve the health.” (WHO, Ottawa charter, 1986). In accordance to this, FHCJ wishes to establish new knowledge on health promotion and to become educational and dissemination centre for health promotion. Health promotion study program is organised in accordance with directives of WHO, European union, OECD and with national plans and all these strate-

Master’s degree in Health promotion is a chance for you to make a difference.

gic documents emphasize the meaning of greater investments in preventive care and health promotion. Program is comparable with 4 European universities: University of Bergen, Norway (Department of Health Promotion and Development), University of Eastern Finland/Faculty of health sciences (Department of Nursing Science), University of Brussels (Department of Public Health), Swansea University, UK (School of Human Health Sciences). Health promotion as part of public health is defined as science that focuses population health, research and organisation of social systems to improve population health. This leads to third unique characteristic of master level Health promotion program – creating interactions between population needs and systematic arrangements. The program is highly applicative and research oriented. It is the first program that is founded in proposals for reconceptualisation of Slovenian public health and the first program that has competencies to create enough experts to actualize health strengthening policy.



Second level study program Health promotion will educate and professionally train individuals for health promotion. These professionals will know how to promote health in all periods of life and all situations (mental health, chronic conditions management...). Graduates will be able to re-shape/ad-just existing public health programs and practice according to recognized

needs of individuals. Study program is very important to shape qualitative development of public health. In Slovenia there is no accredited program that would offer education in the health promotion field. Though, a lot of health care workers already practice health promotion activities, using existing knowledge with no systematic overview or control.

Increasing public health problems of modern societies call for preventive actions that decrease costs of disease prevention. WHO states clearly to empower health promotion activities in all social environments and to strengthen, protect and maintain health through all social sectors.

STUDY PROGRAM

Study program Health promotion is based on European Masters in Health Promotion (EUMAHP) and at the same time following international directives in context of WHO, Health 21, The association of School of public health in the European Region (ASPHER),

The International Union for Health Promotion and Education (IUHPE) and national directives in context of health strengthening. In accordance to Bologna process, the Master program consists of obligatory and elective courses and of final master thesis. Program is interdisciplinary, with 2 years duration and accredited as full-time and part-time study program. It has 120 ECTS; obligatory 6 subjects provide student with 60 ECTS, elective 4 subjects with 40 ECTS and master thesis provides

Changing societies need new approaches – health promotion is one option.



First Semester

SUBJECTS	NUMBER OF CONTACT HOURS					TYPE	ECTS
	LECTURE	SEMINAR	EXERCISE	ISW*	TOGETHER		
Basics of public health	50	40	20	140	250	Obligatory subject	10
Introduction to health promotion and working methods	50	40	20	140	250	Obligatory subject	10
Social inequalities in health and determinants of health	50	40	20	140	250	Obligatory subject	10
Together 1. semester	150	120	60	420	750	/	30

Second Semester

SUBJECTS	NUMBER OF CONTACT HOURS					TYPE	ECTS
	LECTURE	SEMINAR	EXERCISE	ISW*	TOGETHER		
Research methods	70	60	30	215	375	Obligatory subject	15
Planning and evaluation in health promotion	50	40	20	140	250	Obligatory subject	10
Health in all policies and global European perspective in health promotion	30	20	10	65	125	Obligatory subject	5
Together 2 nd semester	150	120	60	420	750	/	30
TOGETHER 1 st YEAR OF STUDY	300	240	120	840	1500	/	60

* ISW = individual student work

Third and Fourth Semesters (student selects 4 subjects) for 40 ECTS

SUBJECTS	NUMBER OF CONTACT HOURS					TYPE	ECTS
	LECTURE	SEMINAR	EXERCISE	ISW*	TOGETHER		
Promotion of Healthy Lifestyle	50	40	20	140	250	Elective subject	10
Health and environment	50	40	20	140	250	Elective subject	10
Mental health between prevention and promotion	50	40	20	140	250	Elective subject	10
Health of children and adolescents	50	40	20	140	250	Elective subject	10
Health promotion in old age and intergenerational cooperation	50	40	20	140	250	Elective subject	10
Workplace health promotion	50	40	20	140	250	Elective subject	10
Health and vulnerable groups	50	40	20	140	250	Elective subject	10
Social marketing and advocacy in health promotion	50	40	20	140	250	Elective subject	10
Economic Evaluation of Health Promotion Programs	50	40	20	140	250	Elective subject	10
Chronic patients and health	50	40	20	140	250	Elective subject	10
Elective subjects of other comparable programs in Slovenia, EU or at FHCJ	50	40	20	140	250	Elective subject	10
3rd and 4th Semesters total Elective Subjects	200	160	80	560	1000		40
MASTER'S THESIS		40		460	500		20
TOGETHER 2nd YEAR OF STUDY	200	200	80	1020	1500		60
TOTAL NUMBER OF HOURS OF THE PROGRAM	500	440	200	1860	3000		120

* ISW = individual student work

Structure of Master's Program

SUBJECTS	NUMBER OF SUBJECTS IN MASTER PROGRAM	VALUE OF SUBJECTS IN ECTS	TOGETHER ECTS	% OF SUBJECTS AS FOR ECTS
Obligatory subjects, 1 st semester	3	10	30	25 %
Obligatory subjects, 2 nd semester	3	10	30	25 %
Elective subjects, 3 rd and 4 th semesters	4	10	40	33,33 %
Master's thesis		20	20	16,67 %
TOTAL MASTER'S PROGRAM	10	/	120	100 %

* Student can choose 4 subjects from 11 elective subjects.





Bologna cycle:
Second cycle study program

Program duration:
2 years (120 ECTS)

Types of study:
Full-time and part-time

Title awarded:
Master in Health promotion

Study programme Health promotion is designed in modern way and has strong horizontal and vertical connection among subjects, study contents supplement and upgrade. Obligatory subjects provide wide knowledge on concept and paradigm of health promotion, research and evidence based practice. Elective subjects are oriented to determinants of health: environmental risks, mental health, nutrition, physical activity, addictions, workplace health and health promotion, policy etc.

Slovenian health system has just begun to show the need for master degree level in health promotion field. This field will develop in similar direction as it is developed in other OECD countries – because of fragmented knowledge, experts need specialisation. Master degree in health promotion is a bridge between specialised fields in health care and holistic approach in individual's treatment. Masters of health promotion will be important partners in defining health policies, they will be experts with scientific knowledge and approach to protection and strengthening of population health through education, promotion of healthy lifestyle, prevention of disease. Second level study will directly contribute to dissemination of health promotion knowledge for health care providers and graduates of other scopes interested in health promotion.

RESEARCH AND DEVELOPMENT

“Research is to see what everybody else has seen, and to think what nobody else has thought.”

(Albert Szent-Gyorgyi)

FHCJ has become renowned for the excellent organization and high quality of clinical training its students receive in the Gorenjska and Ljubljana regions across the three levels of health care. Elective clinical training provides capacities for the training also outside the regions mentioned, which means that FHCJ students may complete their clinical practice in a total of 19 health care and social welfare institutions. In the two regions mentioned, the FHCJ has 527 clinical mentors who receive continuous education. The funding for continuous education of clinical mentors is obtained from the Slovenian Ministry of Higher Education, Science and Technology, and the European

Social Fund (ESF). By investing in the knowledge of clinical mentors, FHCJ ensures high quality of clinical training and services provided by health care professionals. The training for mentors is designed to develop their skills and competencies. Through participation in the training programs, mentors may also renew their professional licences at the Nurses and Midwives Association of Slovenia.

In addition to providing continuous education for clinical mentors with the funding obtained from the Ministry of Higher Education, Science and Technology and ESF, FHCJ also implements research and development projects in the fields of nursing clinical work, nursing professionalization, health promotion, quality and safety, management and education which are all significant for the region. Researching is part of all study programs. Finally, FHCJ participates in joint Slovenian Research Agency projects with other health care institutions in the Gorenjska and Ljubljana regions (the Clinic Golnik, the Institute of Oncology Ljubljana, and the Institute of Public Health of the Republic of Slovenia, etc.)

For both Gorenjska and Ljubljana regions, the FHCJ ensures constant availability of new nursing professionals and provides existing experts from the clinical environment an opportunity to develop their academic careers.



FHCJ'S MAIN NATIONAL AND INTERNATIONAL RESEARCH AND DEVELOPMENT PROJECTS INCLUDE:

I. INTERNATIONAL PROJECTS:

- »Interprofessional experiential learning (IPE) solutions: equipping the qualified dementia workforce to champion evidence informed improvement to advance dementia care and family caring (Palliare)« Duration: 2014 – 2016
- »Primary Health Centres – Concepts and Practices (PriKon)« Duration: 2015
- »Building Social Capital by Improving Multicultural Competence in Higher Education and Labour Market« SOULBUS (538946-LLP-1-2013-1-FI-ERASMUS-EQR) Duration: 2013 – 2015
- »ISTEW - Improvement Science Training for European Healthcare Workers« (539194-LLP-1-2013-UK-ERASMUS-EQR) Duration: 2013 – 2015
- »Capability of professionals in health care and social institutions for work with older people: comparison of approaches between the USA and Slovenia« Duration: 2015-2016



- »Family Health Nursing in European Communities« (518233-LLP-1-2011-1-UK-ERASMUS-ECDCE) Duration: 2011-2014
- »The risk of academic failure among European nursing students: a retrospective study« Duration: 2012 – 2015
- »Exploring undergraduate nursing students' knowledge, attitudes and beliefs of research and evidence-based practice« Duration: 2013-2014
- »Works in progress: Developing Proposals for the Master project/thesis/capstone in Nursing and the Allied Professions that contributes to the development of new nursing and Allied Professional Knowledge in Europe« (IP 13-1-NO1-ERA10-063661 - Works in Progress) Duration: 2010 - 2013

- »Becoming a nurse: A multi-method study on expenditures by families and students« Duration: 2012 – 2013
- »Prevention of sexualized violence in Sports - Impulses for an open, secure and sound sporting environment in Europe« (EAC-2011-0458) Duration: 2012-2013
- »Leadership and its association with work performance and job satisfaction among nurses: a comparison between two european countries« Duration: 2011-2013
- »Development and Coordination of a Network of Nursing Educators and Regulators« (SANCO/1/2009) Duration: 2011 - 2013
- »Factors affecting the Professional Esteem of Health Care Professionals Working with Older People« Duration: 2010 – 2011

II. NATIONAL PROJECTS:

- »The continuous development of the quality system of the Faculty of Health Care Jesenice (FHCJ) for international excellence in higher education within health care – European Social Fund and Ministry of education, science and sport« Duration: 2012 – 2015
- »Workplace health promotion: prevention and control of low back pain in context of employees in nursing« Duration: 2015 – 2016
- »Establishment of preventive programmes to empower mental health (ANIMA SANA)« Duration: 2015 – 2016
- »Holistic innovative model to ensure healthy life style, emphasizing on eating habits, movement, prevention of child, youth and adult obesity and decreasing inequalities in health (Enjoy in health)« Duration: 2015 – 2016
- »Renewal of economic resources in Slovenian health system 2014« Duration: 2014 – 2015
- »Comprehensive Care of Allergic Diseases and Asthma in Slovenia: from Epidemiology to Genetics« (P3-0360) Duration: 2009 – 2017

- »E-support for Health Care Provision« Duration: 2010-2013
- »Improving the knowledge of clinical mentors and nursing students for quality work with older people – the opportunities to improve clinical practice on nursing care of older people« Duration: 2010 – 2012
- »Improving the knowledge of clinical mentors and nursing students with communication skills for better quality of nursing – Personal excellence in health care« Duration: 2010 – 2011

- »Youth Alcohol Consumption– Awareness Raising Among Youth about Risks of Alcohol Abuse« Duration: 2011 – 2012
- »Intergenerational Cooperation in Health Promotion« Duration: 2009 – 2010
- »Models of effective management of HEI« Duration: 2008 – 2010
- »Defining professional directives for gathering and monitoring of indicators for effectiveness of National cancer control program« Duration: 2010 – 2012



INTERNATIONAL COOPERATION AND STUDENT EXCHANGE

SOME INTRODUCTORY FACTS

Faculty of Health Care Jesenice is strategically oriented to international cooperation. Very important share of international activities is actualized through Erasmus + Program and Norwegian Financial Mechanism Program (Norwegian grant and EEA Grants).

We have carried out several successful projects, studies and exchanges of lecturers, staff and students, and we are looking forward to more in the future. After all, mobility projects

help solidifies our Faculty of Health Care Jesenice outside of Slovenia—through them, we are joining a group of top European educational institutions for nursing and health care. We are members of international organizations such as FINE, ASPHER, ELTECA, The Honor Society of nursing, Sigma Teta Tau International. We are also included in several consortiums and associations: IRIS, C.U.A.M., Saniacademia, EMUNI.

“After the completed Norway Grants exchange in Oslo we can say without any doubt, that this experience benefit us with more aspects and we returned home with a new life perspective. Norway is beautiful in diverse country, which we recommended to all students for the international exchange and as well all travel enthusiast”.

(Karmen Kutin and Jan Novak, Norway Grant students in 2014/2015)



FACULTY OF HEALTH CARE JESENICE HAS UNTIL JUNE 2015 ESTABLISHED 20 BILATERAL AGREEMENTS WITH THE FOLLOWING INSTITUTIONS:

- University of Central Lancashire, School of Health, Great Britain;
- Oslo and Akershus University College of Applied Science - HiOA, Faculty of Health Sciences, Department of Nursing, Norway;
- Adnan Menderes University, School of Health, Turkey;
- Savonia University of Applied Sciences, Health Professions, Finland;
- University of the West of Scotland, School of Health, Nursing and Midwifery, Great Britain;
- JAMK University of Applied Sciences, School of Health and Social Studies, Finland;
- Swansea University, College of Human and Health Sciences, Great Britain;
- University of Presov, Faculty of Health Care, Slovakia;
- University of Udine (School of Nursing - Faculty of Medicine), Italy;
- University of Malta, Malta;
- University of Economics and Innovation in Lublin, Poland;
- Instituto Politécnico de Leiria, Portugal;
- University College Ghent, Belgium;
- Santa Maria Nursing College, Portugal;
- Zdravstveno veleučilište Zagreb, Hrvatska;
- Tartu Health Care College, Estonija;
- Charles University in Prague, Faculty of Humanities, Czech Republic;
- University of Alicante, Faculty of Health Sciences, Spain;
- VIA University College, Faculty of Health Sciences, Denmark.

The manner of international cooperation with partner universities is based on student and teacher exchanges, as well as on development and research work. Foreign teachers are always invited to clinical environments and part of their exchange time is devoted to knowledge transfer at consultations, internal workshops and seminars

aimed at healthcare professionals. We aim for the importance of the international connections of the school to show through the exchange of good practice in clinical environments.

FHCJ has bilateral agreements for cooperation on a common research and development projects also with

NOVA Southeastern University, INC., College of Osteopathic Medicine ("NSU-COM"), Florida, USA; Trinity College Dublin, Ireland and Medicinski fakultet, Banja Luka, Republika Srpska, Bosnia and Hercegovina, and Medicinski fakultet Osijek, Sveučilište Josipa Jurja Strossmayera, Croatian.

EXCHANGE PROGRAM FOR FOREIGN STUDENTS AND TEACHERS

Student exchanges are mainly organized through the Erasmus + program and Norway Grants program.

The Faculty of Health Care Jesenice has been awarded the Erasmus+ University Charter (253002-LA-1-2014-1-SI-E4AKA1-ECHE). The Erasmus University Charter enables both study/teaching exchanges in the chosen fields of study and clinical practice/training exchanges of students and staff from various fields of work.

International students at the undergraduate level of nursing care (1st Bologna Cycle) will have the opportunity to be included in clinical exercises and practice, and to attend our

lectures and seminars. Individual programs can also be drawn up for foreign students at the graduate level of nursing care and health promotion - master of nursing / health promotion (2nd Bologna Cycle). Exchange students will be able to develop their clinical skills at recognized FHCJ clinical learning centers. In addition, they will be able to participate in parts of the study process and in other life-long learning education programs taking place throughout the academic year. All exchange students at FHCJ receive their general and clinical practice files where all activities in which they participate are officially documented. Before the exchange, the students receive as well detail plan of exchange with all important information and contacts.

Depending on their own interests and preferences, postgraduate nursing and health promotion students (2nd Bologna Cycle) are encouraged to participate in subjects held at FHCJ by foreign invited lecturers. These include:

- Theory and Practice of Nursing (dr. Fiona Murphy, Swansea University, College of Human and Health Sciences - United Kingdom);
- Gerontology Nursing Care with Gerontology (Angela Kydd, PhD, University of the West of Scotland, School of Health, Nursing and Midwifery – United Kingdom);

- Primary Health Care and Community Nursing (Joy Merrell, PhD, Swansea University, College of Human and Health Sciences - United Kingdom).

Each student will be assigned a certain number of ECTS credits and will receive a confirmation of attendance letter. Exchange students will also receive full support from our international coordinator, student' affairs office, library, professors and students-tutors. Student-tutors help foreign students determine their learning goals, understand the teaching methods and meet various student obligations. Further, students tutors are principal guides in inclusion of visiting student in social life at the faculty and in region.

We warmly welcome all foreign lecturers and researches to participate in developing common international projects and study programs, conferences, summer schools, research projects, and to participate in FHCJ regular courses.

You can find more information on the international student exchanges at: <http://www.fzj.si/en/>.





ACADEMIC CALENDAR

- **Official start of the academic year:** first week in October
- **End of winter semester:** third week in January
- **End of summer semester:** second week in June

Student and staff exchanges are possible during the academic year, from September to June (according to the academic calendar). During summer holiday (July, August), when the education process is not in progress, international exchanges at FHCJ are not possible.

Are you interested in becoming an exchange student at FHCJ? Please contact our international coordinator who will provide you with all the details about how to apply.



DEADLINE FOR APPLICATIONS FOR STUDENT INTERNATIONAL EXCHANGES:

- June 1 (Autumn term)
- November 1 (Spring term)

ACCOMMODATION DURING MOBILITY PERIOD

FHCJ's international coordinator assists exchange students in finding accommodation in student dormitories or in finding private rooms, shared apartments, or other facilities where students can stay during their mobility period. The rent varies according to the

type of room, additional costs, the number of students sharing the living area, etc. The location of accommodation depends on the location of the FHCJ clinical learning centres. Student dormitory is available in Kranj: <http://www.dsd-kranj.si/>.

PUBLIC TRANSPORTATION

Public transport is available between towns Ljubljana – Kranj – Jesenice where most of clinical settings are located. The regular season schedule of buses and trains can be found online at http://www.alpetour.si/index.php?page=vozni_redi&item=13&lang=eng (bus

company serving mostly Gorenjska region), <http://www.ap-ljubljana.si/en/> (main bus station in Ljubljana), or at <http://www.slo-zeleznice.si/en/passengers/slovenia> (railways). You can buy tickets at the bus and train stations, or directly on a bus or train.



LANGUAGE

The language spoken in Slovenia is Slovenian. Most people in Slovenia speak English well and the Gorenjska region is no exception, being a famous

tourist area. The lecturers employed at the FHCJ and selected mentors at health care organizations also speak English well.

CLIMATE AND SURROUNDINGS

Slovenia has four seasons: winter, spring, summer and autumn. The climate varies slightly in areas near the coast, in the mountainous regions and in the east where the country is flat. Slovenia is famous for its mountains, lakes, expansive forests, unique caves, the sea and rivers. There are plenty of possibilities for spending your free time swimming in the sea and lakes, skiing during the winter, exploring the caves and forests, and visiting our cultural and historical sites. Slovenia offers a broad range of cultural activities. Bigger cities have a vibrant night

life with theaters, cinemas, opera and dancing. Additional information is available online, for example at <http://www.visitljubljana.com/> (website with tourist information for Ljubljana) and <http://www.slovenia.info/> (similar, but for the whole country). The staff at the International Office of the Faculty of Health Care Jesenice helps and advises all new and continuing exchange students or professors. When you come here to study or lecture, we will be here to provide you with support and help make your stay here both academically and socially fulfilling.



INTERNATIONAL OFFICE

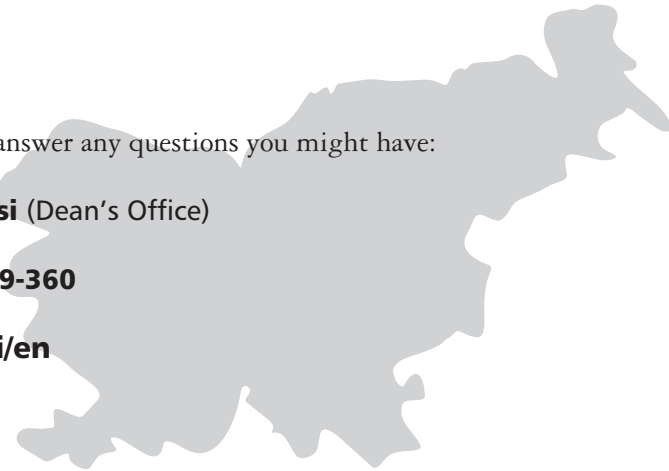


We will be happy to answer any questions you might have:

✉ dekanat@fzj.si (Dean's Office)

☎ + 386 (0)4 869-360

<http://www.fzj.si/en>



TUTORING

Slovenian and exchange FHCJ students are actively encouraged to achieve their study objectives and professional goals. Through the system of tutoring, we help you to connect more

closely with your studies, solve any issues connected with the studies, and tackle other life challenges. Our pedagogical staff, professors and assistants conduct induction tutoring, subject-specific tutoring, and individual tutoring, while student tutors (full-time and part-time senior students) are of great help to their younger colleagues at the start of their academic education. Tutoring is regulated by the Tutoring System Rules of the Faculty of Health Care Jesenice.

For foreign exchange students FHCJ provides particular type of tutoring, offered by a group of professors and highly qualified experts who are together with students tutors responsible for overseeing international exchange. They include the Dean, the International Coordinator, the Vice-Dean for Education, the Vice-dean for Research and development, the Head of the Nursing Care Department, the Coordinator of Tutor-Lecturers, students tutors and the FHCJ librarian.



FACILITIES AND EQUIPMENT

Lecture halls, laboratories, and rooms for clinical exercises at Faculty of Health Care Jesenice are modernly equipped and contribute to a friendly studying environment. The library and the computer infrastructure provide students with all the necessary informational, online access and technical support. The campus itself is also suited for various free time activities of both teachers and students, and is located in the immediate vicinity of the main clinical FHCJ learning center - Jesenice General Hospital.



LIFE-LONG LEARNING, CAREER CENTRE

Nowadays, the educational process only just begins with a diploma or a bachelor's degree. This is why, since 2007, the Centre for Life-Long Learning, Career Counseling, Tutoring and Mentoring (the Centre) has been operating at the FHCJ. The Centre organizes training in integrated work between occupational groups in health care. Our supplementary occupational trainings for those nurses who have already concluded their

studies, but who require new, additional professional knowledge and skills in their work are also very popular. We encourage them to develop evidence-based health care practice and to introduce the necessary changes in the clinical environment. Various counseling sessions, seminars and workshops providing training are also conducted at the Centre. Between 2007 and 2015 Centre has organized 77 different events.



Through the Centre for Life-long Learning, Career Counseling, Tutoring and Mentoring (the Centre), FHCJ developed acclaimed projects which are significant for the development of nursing in Slovenia. These include:

"I attribute my success to this - I never gave or took any excuse."

(Florence Nightingale)

- **International Scientific Conference** (since 2008). The conference is open to researchers and master's students from Slovenia and the EU who are invited to present the results of their research work. With approximately 80 participants, the conference is financed in part by the Slovenian Research Agency as a scientific meeting;
- **Conference on Career Development in Nursing** (since 2008). The conference is organized with the cooperation of the Ministry of Health of the Republic of Slovenia and Nurses and Midwives Association of Slovenia. Its purpose is to call attention to such crucial issues as the quality of education at the tertiary and secondary levels, development of the Bologna process, appropriate evaluation of specializations, the latest developments with the EU directive, etc.;
- **Research schools** (since 2009). The project is aimed at supporting the development of postgraduate level of knowledge in health care professionals from the clinical environment in the fields of research, evidence-based practice and writing scientific and research articles;
- **Training for clinical mentors** (since 2007). The aim of the training is to provide overall development and ensure high-quality work of FHCJ clinical mentors. The different topics covered are selected in cooperation with the clinical environment;
- **Training in higher education didactics** (since 2008) for lecturers and other teaching professionals of FHCJ;
- **Training for tutors** (since 2008) for lecturers and other teaching professionals at FHCJ, student tutors, and clinical mentors-tutors;
- **Symposium on public health issues for population health** (since 2010);
- **Professional seminar on health care quality** (since 2007).

FHCJ'S INSTRUCTION MATERIAL AND OTHER PUBLICATIONS

"Education is simply the soul of a society as it passes from one generation to another."

(G. K. Chesterson)

The Faculty of Health Care Jesenice has managed to produce every academic year new interesting handbooks, textbooks, proceedings of lectures and instruction material to complement the study process, seminars, and conferences. The material is produced through our Center for Life-Long Learning, Career Counseling, Tutoring and Mentoring. Same of the proceedings of lectures are freely accessible online: <http://www.fzj.si/si/main-menu/zalozba-2/zalozba-5/>.

We published three important textbooks, which serve as a valuable study aid for all nursing students:

- "Theoretical and Practical Basics of Nursing: Selected Themes" (2010);
- "Selected nursing interventions - Theoretical and practical foundations for Higher education study in Nursing" (2013);

- "Public health: a textbook for higher education study program in Nursing" (2013).

We also published other supportive study materials and guides:

- Selected Nursing Interventions in Clinical Training – A Guide for Students and Mentors;
- Instructions for Clinical Exercises in Biochemistry and Biophysics;
- Pharmacology – Instructions for Clinical Practice in Diagnostic-Therapeutic Program;
- Instructions for Physiology;
- Handbook with exercises in Microbiology with Parasitology.
- Instructions for Writing Seminar Papers at the Faculty of Health Care Jesenice – the first and second cycle study programs of Nursing.



NURSES AND MIDWIVES ASSOCIATION OF SLOVENIA



Nurses and Midwives Association of Slovenia includes a Section of Nursing and Obstetrics Students of Slovenia, in which the students of the Faculty of Health Care Jesenice are actively involved. Nurses and Midwives Association of Slovenia is a uniform professional and representative association for nurses and midwives of Slovenia with over 16,000 members. It is responsible for the development and the position of nursing and obstetrics in the health care system. Nurses and Midwives Association of Slovenia is directed at ensuring modern, high-quality, and safe nursing and obstetric care for all residents of Slovenia. The priority tasks are being implemented at 11 regional professional organiza-

tions and 31 specialist sections. The Association is an active member of the International Council of Nurses (ICN), the International Confederation of Midwives (ICM) and the European Federation of Nurses Associations (EFN). Through these bodies, it influences the health care policies and participates in global endeavors for the best health care of all the people in the world. FHCJ has two representatives in the Association: a lecturer and a student.

OTHERS ABOUT US



»I have had the pleasure of working with Dean Skela Savič and her staff since 2006, as the VSZNJ developed and implemented programs and courses, began holding regular conferences, and actively participated in other aspects of the development of nursing education and research in Slovenia. I have shared in the development and delivery of Bologna 2nd Cycle masters courses, particularly “Ethics in Nursing Practice” and “Teaching and Mentoring”. I have also participated in research conferences and doctoral program planning meetings. During this time, I have seen that the Dean, staff and students always aim for high standards and have achieved an impressive degree of success. This was recognized by the College being awarded Faculty status in 2014 – a considerable achievement in such a short time. It has been rewarding for me to share this journey with my colleagues and friends at the Fakulteta za Zdravstvo Jesenice, and I look forward to their continuing success.«

Dr Alice Kiger, Honorary Senior Lecturer, Retired Director of Advanced Studies in Nursing & Midwifery, Centre of Academic Primary Care, Division of Applied Health Sciences, University of Aberdeen, Scotland



»I began teaching nursing theory on their Masters in Nursing programme in 2009/2010. Since then I have been very impressed with the ambition, vision and hard work that has been put in to achieve faculty status and to raise their International profile. Not only that they have proved themselves to be a dynamic faculty striving to develop high quality programmes at both undergraduate and post-graduate levels. Latterly there has been progress towards developing PhD programmes which will help to also advance the research agenda. All these achievements will be significant in developing nursing practice in Slovenia.«

Dr Fiona Murphy, Professor of Clinical Nursing, Department of Nursing and Midwifery, University of Limerick, Ireland



»The FHJ were able to provide us with experiences we may not have come across had we stayed in Scotland. Overall, this has been an experience of a lifetime that we will never forget. We will leave Jesenice as stronger, more confident nurses, which will definitely help prepare us for the world of work. We can't thank the staff and student tutors of FHJ enough for this unforgettable, positive experience.«

Nicola Welsh, Ashey Mitchell, Erasmus exchange students, University of the West of Scotland, School of Health, Nursing and Midwifery



»The University of the West of Scotland (UWS) has had great pleasure in collaborating with colleagues in the Faculty of Health Care Jesenice (FHJ) for many years. We have worked together as partners within EU funded projects focusing on Family Health Nursing; Health Improvement Science and Dementia. In addition we have collaborated on research, publications; conference presentations and teaching projects including shared delivery of Masters level academic programmes. Through Erasmus funding the FHJ and the UWS also engage in student and staff exchanges which have proved beneficial at individual and organisation levels.«

Professor Paul Martin, Deputy Principal, University of the West of Scotland

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